

## *Allergy Test Panels*

### **Allergy Testing - Blood Spot Test (90 Foods)**

The incidence of food sensitivities has increased dramatically over the years. It is estimated that up to 20% of the population have adverse reactions to foods.

The 90 Food Allergy Test Panel helps identify those with true allergies as well as food intolerances. The test measures antibody reactions to 90 foods.

### **Consequences of Food Allergies**

Increased total antigenic load related to food and environmental sensitivities has been associated with a wide range of medical conditions affecting virtually every part of the body. Mood and behaviour, including hyperactivity disorders in children, are profoundly influenced by food allergies. Symptoms can range from mildly uncomfortable to severe. They may include

- ◆ Asthma
- ◆ Arthritis
- ◆ Migraine
- ◆ Ear Infections
- ◆ Eczema
- ◆ Sinusitis
- ◆ Urticaria
- ◆ Colitis